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# Health and Safety General Awareness

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Preventing accidents and ill health caused by work is a key priority for everyone at work. This half-day introductory course will raise awareness of the importance of health and safety in the work place for all staff.

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## Who will benefit?

This General Awareness training is suitable for all staff within any organisation.

## Course Objectives

By the end of the course participants will be able to:

- Ensure employees are not injured or made ill by the work they do.
- Develop a positive health and safety culture, where safe and healthy working becomes second nature to everyone.
- Manage health and safety better.
- Meet legal duties to protect the health and safety of employees.

## Course Content

- Commonly used health and safety terminology
- General health and safety legislation
- Cause of accidents
- Cost of accidents
- Principles of risk assessment
- General risk assessment
- Manual handling risk assessment
- Stress management
- Fire management
- Accident reporting

## Certification

Delegates who attend the course will receive a SSFB certificate of attendance

### Course information and bookings

This half-day course is offered in-house. The course costs £400 plus VAT for up to 10 delegates. Our courses are customised to include examples from your own company.

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For more information, dates and venues telephone 0333 321 0131

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